



VILLE DE LAC-BROME
TOWN OF BROME LAKE

VLB

INFO TBL

BULLETIN MUNICIPAL D'INFORMATION ■ MUNICIPAL NEWS BULLETIN

SPRING 2025

VOL. 10 - N° 3

lacbrome.ca & [f/vlbtbl](https://www.facebook.com/vlbtbl)

**Spring is
in the air!**





A WORD FROM THE MAYOR

A NUMBER OF PROJECTS ON THE TABLE

Dear fellow citizens,

In these unsettled times, I would like to take a few minutes to speak about civility. The municipal level of government is the one that has the greatest proximity to the population. Elected officials and many members of the administrative staff form part of the same community as you. They shop in the same stores. They can be found in the same public spaces and take part in the same activities as you. That is why, regardless of the nature of our interactions, respect and courtesy should always remain at the forefront.

Civility is also demonstrated in small daily gestures that have great impact. Respecting speed limits in our neighbourhoods, keeping our dogs on leashes in public places (and picking up after them as required) or actively participating in community initiatives. After all, civility is an essential element to building a harmonious community that is pleasant to live in.

As we are at the beginning of the year, we have chosen this time to share an overview of the projects that are on our agenda for 2025. We will return to this further in this edition, but I can already tell that the year will be a busy one. The completion of the construction of the washroom unit at the Carke Terrace, one of the improvement phases on this land acquired by the Town in 2020 thanks to the Carke Foundation, is expected to be ready for this Spring, in time for the warm weather season. Visitors and residents of the Bondville sector will thus be able to take advantage of a magnificent installation this summer!

Pickleball is a sport that has experienced a fantastic rise in popularity and players will be very pleased to learn that the Town plans to construct three courts dedicated to this sport. The re-gravelling and resurfacing of asphalt roads are also planned for the coming year. And the addition of sidewalks, mainly on Victoria Street and on Hwy 104 (up to the SAQ) will make a significant improvement to active mobility on our territory.

We are also undertaking the first complete year of our Strategic Plan, adopted in September 2024. If you have not already done so, you can consult it [by clicking here](#).

I also invite you to discover the list of other planned projects on the pages of this issue. In closing, let's look forward to celebrating Spring when our beautiful town will find its colours again! ■



VILLE DE LAC-BROME
TOWN OF BROME LAKE

Richard Burcombe
Mayor, Town of Brome Lake

NEW PICKLEBALL COURTS IN BROME LAKE



The three new pickleball courts will be built near those already set up in the Lions Park.

Pickleball is a sport that is gaining popularity, including in Brome Lake. To respond to the increase in demand, the Town plans significant investments in 2025 to increase its offer of service. Over the next few months, three new courts will be built near the existing installations in Lions Park.

While these courts are dedicated entirely to pickleball, other multi-sport surfaces such as those at Prouty Park in Bondville and the Ovide-Dagenais Community Center in Foster can also be used for this sport.

To ensure the quality of these new facilities, a number of meetings took place between the representatives of the Recreation Services Department of the Town and the executive of the pickleball club. The objective was to define specific needs and prioritize the infrastructure work for the coming years.

It was agreed that, to optimize the \$250,000 municipal investment, part of the work would be done by the Public Works department. This will include excavation, the clearing of the site and the building of the foundations of the new courts, all of which will be based on the recommendations of a specialist. This specialist, who will be chosen in the coming weeks, will also supervise the installation of the playing surfaces.

We should mention that, in addition to the three new courts, the investment provides for fencing and lighting which will permit evening play. At the present time, it is difficult to establish a precise timetable but the Town hopes to have the courts built by mid-June. A number of factors might affect this timetable, in particular the date of the start of the work.

A new play module for children at Lions Park

The Town intends to invest \$100,000 to add a new play module for children. This module, intended for the 5- to 12-year-old range, can accommodate from 20 to 25 children at the same time. The final choice of supplier and details of the project will be announced shortly.

Projects for 2026

The Town's Recreation Department is planning further investments for the repair, maintenance and the addition of lighting on the 11 existing pickleball courts in Brome Lake. In 2026, park furnishings will be installed to accommodate the many participants and visitors in order to make the space more accessible and convivial. ■

THE BROME LAKE PICKLEBALL CLUB:

The Brome Lake Pickleball Club had 391 members in 2024 and the Club de la Bonne Humeur (FADOQ) had approximately 150 players. This indicates that almost 10% of the Town's population participates in this sport.

For its part, the Fédération québécoise de pickleball (FQP) represents more than 12,000 members, spread over 60 clubs or associations.

A LOOK AT 2025 PROJECTS!

Before looking at the list of projects planned for 2025, let's open a parenthesis to mention that one of the major projects planned in the budget, the rebuilding of Fulford Road, has been carried over to next year because of a lack of subsidies. This is a project, estimated at \$9 million, for which the Town hoped to receive a 50% subsidy. We learned just before the holidays that our requests to the Programme d'aide à la voirie locale (PAVL) for the replacement of culverts, gravel road repairs and this major project had been refused.

Notwithstanding this, and because the Town wishes to continue maintaining its road network, we will dig into our savings to the tune of \$1.8 million for this project. Of this amount, \$800,000 will be spent on the re-gravelling of Byers, Barnes, McCurdy and Turner Roads. A plan will be worked out to reconstruct Fulford, a major access route that is in poor condition, in 2026.

An amount of \$1 million will be used to resurface some asphalt roads that are deemed to be a priority. These operations will involve more than simply patching potholes; areas of a few 100 meters will be repaved. This work could have a lifetime of 10 years.



The farmers' market site on Maple Street will undergo a second phase of development over the coming months.

THE FOLLOWING ARE A FEW OTHER PROJECTS:

Construction of pickleball courts

There will be three, and they will be built in Lions Park near the existing courts. A budget of \$250,000 has been established for this project. You can read our text on page 4 to learn more.

Completion of the Carke Terrace washroom facilities

The building in this public space on Bondville Street will be accessible this Spring.

Creation of a citizen consultation module

An interactive module to receive citizens' opinions and promote their involvement in municipal projects.

Installation of an autonomous boat washing station

An autonomous washing station to protect our waterways from invasive species.

Installation of a new play module

Purchase of a play module for children and families who visit Lions Park.

Second phase of improvements to the public market

Addition of various elements to improve visitors' experience.

A NEW RENDEZ-VOUS IS BEING PLANNED FOR NEXT SPRING IN BROME LAKE

SPRING GET-TOGETHER BIODIVERSITY AT HOME

The Spring 2025 Get-together: Biodiversity at Home will take place on May 24 between 11:00 a.m. and 4:45 p.m. at the Centre Lac-Brome. This is a family event created to provide information on regional biodiversity.

Writer and herbalist Anny Schneider will direct a discovery-walkabout to present edible and medicinal plants. Camille Dufresne, the editor of QuébecOiseaux will speak on the subject: "Recreating Biodiversity, One Garden at a Time".

A workshop for children on building seed bombs, a distribution of trees, and a number of staffed kiosks are also on the program of this family-oriented day.

Don't miss this opportunity to celebrate the arrival of Spring and learn more about biodiversity.

A NEW COORDINATOR IN LEISURE AND COMMUNITY LIFE



Citizens of Brome Lake who have been going to the Centre Lac-Brome over the last few weeks may have crossed paths with a new member of the team. He is Thomas-Daniel Bergeron, the new Coordinator in Leisure and Recreational Infrastructures, who took up responsibilities at the beginning of December.

Thomas-Daniel Bergeron will have, as an objective, supervising the programming of seasonal activities while overseeing the preparation of the Salamander Summer day camp. In collaboration with his colleague Jade Barrette, he will also be responsible for the planning of the next soccer season. In short, a very full agenda!

Originally from Sorel-Tracy, Thomas-Daniel Bergeron has always been passionate about the organization of sports and recreational activities. In fact, this is not his first experience in the municipal world. During his studies, he worked for the City of Sorel-Tracy as a skating rinks and sports fields attendant.

After his college studies, Thomas-Daniel began a Bachelor of Education in Physical Education in Chicoutimi. He decided, however, to complete his university training at the Université de Trois-Rivières in Leisure, Culture and Tourism, a program that had been recommended to him by a colleague who saw his special aptitudes in this area.

Before joining the Town of Brome Lake, Thomas-Daniel worked as Coordinator and Interim Director of the La Ruche Sports Centre in Magog, an experience that prepared him to take on new challenges.

The summer of the Salamanders

Having arrived just a few weeks before the start of Spring, the new coordinator is already working on the plans for the coming summer.

The Salamander Summer day camp, which welcomes some 130 children per week, will obviously be back in 2025. While he does not anticipate any major changes because the camp already has an excellent structure, Thomas-Daniel hopes to diversify the activities planned for Douglass Beach to allow more groups to take advantage of the installations.

Soccer

The development of soccer is a major part of Thomas-Daniel Bergeron's priorities. In cooperation with Jade Barrette, the coordinator responsible for soccer in Brome Lake, he intends to submit the candidacy of Brome Lake to be recognized as a Quality Soccer Providers as part of the Club Licensing Program, an initiative of Soccer Canada supported by Soccer Québec. This recognition would open up the possibility of teams from Brome Lake to play in competitive leagues and benefit from certified referees.

In the longer term, Thomas-Daniel hopes to see the return of a local soccer association with the support of volunteers who would take charge of the activities on the territory, in cooperation with the Town.

Until then, the new Coordinator of Leisure and Recreational Infrastructures will stay busy. He is, at the present time, working on the organization of the Polar Beach Party which will take place this year on March 8th at Douglass Beach. A number of family-oriented activities are already planned, such as inflatable games, floats with winter themes, music, kites and a snow skating activity.

TO GIVE YOU THE OPPORTUNITY TO LEARN MORE ABOUT HIS PERSONALITY, WE ASKED HIM TO FILL OUT A SHORT QUESTIONNAIRE.

If you could change jobs with someone for one day, what would the job be and why?

I would change jobs with the equipment manager of a professional hockey team. This job has always fascinated me, and I would like to see the internal operations of a professional sports organization.

If you could travel anywhere in the world, where would you go and why?

To Nepal, to see the highest peaks in the world, do some trekking in the Himalayas and discover the culture of the country!

What is the last film or series that you watched that you would absolutely recommend?

Recently I rewatched "The Last Dance." The series tells the story of the career of Michael Jordan. I loved it!

Mountains or beach for the perfect holiday?

The mountains, without hesitation! I love mountainous landscapes, hiking and mountain villages.

If you could dine with a famous personality, living or dead, who would it be and why?

Sébastien Toutant, Canadian snowboarder, because I would like to learn more about his Olympic experience. He also seems to be a very nice guy. ■

RECYCLING COLLECTION SIMPLIFIED: A NEW START!

Containers,
packaging,
printed paper.
That's it.

To find out more:
binimpact.ca



As of January 1, 2025, recycling headaches are over in Quebec! Rules are now the same everywhere and the collection of recycling is simpler and more efficient. Items that used to be thrown in the garbage, like chip bags, small yogurt containers, plastic wrap and cereal bags, can now be put in the recycling bin.

What changes in your bin

All containers, packaging, and printed material can be placed in bulk in your blue recycling bin.

- ✓ A container: anything that has a cap or a lid (i.e., juice bottles, yogurt containers, etc.)
- ✓ Packaging: anything that protects or supports a product (i.e., plastic wrap, chip bags, hangers, etc.)
- ✓ Printed material: any paper with text or pictures, less than 5 years old (i.e., newspapers, magazines, travel guides, schoolbooks, etc.)

Some rules to follow

- Material must be put into the bin in bulk without being bagged in plastic
- Containers and packaging made up of different materials must be separated (i.e., remove the metal lids from glass jars, remove the cereal bag from the box). Exception: small bottle caps of less than 5 cm must stay on the container
- Boxes must be folded.

Where do we put glass?

Glass can continue to be placed in the blue bin, but we strongly encourage you [to deposit it in the container](#) situated at the Knowlton IGA. Otherwise, a lot of glass might be sent to the landfill.

Good news!

- Polystyrene food trays can now be recycled!
- No need to check the numbers on plastic!

Exceptions: to be placed in the garbage or sent to the Eco Centre

- ✗ To the Eco Centre:
 - Aerosols (that contain metals under pressure)
 - Polystyrene packaging that comes apart in beads

✗ To the garbage:

- Biodegradable or degradable plastic

The refundable deposit is changing too!

As of March 1st, all plastic bottles from 100 ml to 2 litres can be recycled (water, juice, alcohol). No need to look for the "refundable" designation! The amount paid is 10 ¢, except for glass bottles of 500 ml or more (25 ¢). You can find the complete [list of recyclable containers](#) and where to [return them here](#).

A helpful app

Need some help? Download the [Ça va où?](#) app from RECYC-QUÉBEC.

For more information, consult the [MRC Brome-Missisquoi site](#) or visit the [Bin Impact](#) for practical tips. ■



PREPARE YOUR SPRING PROJECTS WITH THE RIGHT INFORMATION!

With the arrival of Spring, you may be planning improvements on your property. Before starting the work, it is important to be aware of the rules in effect in your sector and, depending on the type of project, a permit may be required.

The Town of Brome Lake has established certain standards in terms of zoning, architecture, and the quality of construction material to preserve harmony and cohesiveness in the development of both its rural and urban sectors.

It is advisable to submit your request for a permit at least 60 days before the start of work to comply with the required deadlines.

To do this, go directly to the [Town of Brome Lake website](#).

Important Note: The handling of a request for a permit can take between 2 and 4 weeks. If a minor exception is necessary, the delay can extend to 8 to 12 weeks. ■

EVENTS CALENDAR



March 21, April 17 (Thursday) & May 23 ► 9 a.m. to 10 a.m.

Brome Lake Food Bank
For registered clients.

📍 Centre Lac-Brome - 270, Victoria St.
☎ For emergencies, call:
Gary Crandall, 450 242-2020, ext. 319
🆓 Free



**Amis des sentiers
Lac-Brome**

Thursdays ► 10 a.m. to noon

Les Amis des Sentiers Lac-Brome
Walks every Thursday morning throughout the year.

📍 See online: clubdelabonnehumeur.ca
☎ 450 242-1003
🆓 Free



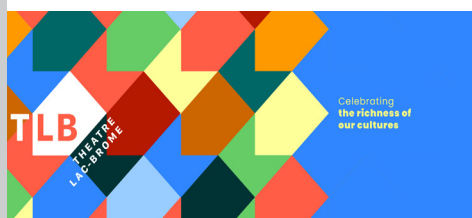
**Club
de la Bonne Humeur
de Lac-Brome**

Spring Activities

Club de la Bonne Humeur de Lac-Brome
These activities are reserved for members of the Club de la Bonne Humeur. Contact them to register. 50 years and older. For a complete list of activities available,

please consult the table at page 23 or go online.

☎ 450 243-5620
info@clubdelabonnehumeur.ca
clubdelabonnehumeur.ca



Anytime

Théâtre Lac-Brome
Subscribe to our newsletter! It is a fun way to discover more information about upcoming shows, behind-the-scene activities, and what's going on at TLB!

📍 Théâtre Lac-Brome - Mont-Écho Rd
☎ 450 242-2270
theatrelacbrome.ca/newsletter
theatrelacbrome.ca
🆓 Free



First Saturday of every month ► 8 a.m. to 4 p.m.

Virgin Hill Coffee Roasters
Free tasting!

Join us on the first Saturday of every month for a free tasting!

📍 Virgin Hill Coffee Roasters - 770, Lakeside Rd.
☎ atelier@virginhillcoffee.com
virginhillcoffee.com - 450 539-5222
🆓 Free



Tuesdays, April 1 to June 3 ► 1 p.m. to 4 p.m.

Art Between Us

Beginning of the session of 10 artistic meetings of the group "Art Between Us". From April 1st to June 3.

📍 Centre Lac-Brome - 270, Victoria St.
☎ szablaborche@gmail.com
450 292-5880
🆓 Free



Fridays

► Arrival time 12:45 p.m. - From 1 p.m. to 4 p.m.

Brome Lake bridge club

A social place where you can encounter and stimulate your intellect. It is a game where you develop your memory and attention all in a friendly environment every Friday at the Community Center. We also offer a beginner's course. The

bridge session is supervised by a bridge director.

📍 Centre Lac-Brome - 270, Victoria St.
☎ Colette Martial: 450 955-1410
colettemartial@videotron.ca
🆓 5 \$/person



Every Saturday from June 7 to October 11
► 8:30 a.m. to 12:30 p.m.

Farmers' Market

There are still some spaces available to participate in our Farmers' Market this summer. If you are a local producer interested in selling your products at our beautiful market, visit our website to fill out the registration form.

📍 48, Maple St.
 ⓘ lacbrome.ca/farmers-market

Ateliers parents-enfants

Parent-child workshops



Mondays and Wednesdays ► 9:30 a.m. to noon

Parent-Child Workshop

Join our Parent-Child Workshops, where parents and children (aged 0-5) participate in fun and interactive activities together. Strengthen bonds, explore creativity, and learn through play!

📍 Centre Lac-Brome - 270, Victoria St.
 ⓘ ressourcefamilleaclb@gmail.com
 ⓘ Free



Spring 2025 ► Anytime

Events Calendar

Reminder: find details of all the activities planned for this Spring on the Town's website.

ⓘ lacbrome.ca/en/events-calendar

MARCH



February 24 to March 28

Soccer U8+ and Microsoccer Registration

Register your child for the 2025 Soccer season!
 Full details below (page 20).

📍 Online on Amilia or in person
 ⓘ soccer@lacbrome.ca
lacbrome.ca/recreation



March 1 ► 8 p.m.

Cavalcades 2025

Persuasion

"L'expérience Santana Experience"

Formed in 2010 and based in Montreal, Persuasion is Canada's premier Santana tribute band. This talented seven-piece ensemble has established itself as the ultimate homage to the legendary guitarist Carlos Santana. Known for their authentic renditions, Persuasion covers most of Santana's first three albums and many of his later hits, delivering electrifying guitar riffs, infectious rhythms, and explosive percussion that capture the true essence of Santana's music.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ⓘ 450 242-2270
info@tlbrome.com
theatrelacbrome.ca

**March 2 ► 8 p.m.****Thomas Chartré Duo,
Serhy Salov and special guest Lee-Chin**

As part of the Échos classiques series, this concert will be preceded by a free lecture at 7 p.m. in the hall.

Program under the direction of Serhiy Salov:

- Beethoven, Ludwig van, Trio No. 1 en mi bémol majeur op. 1
- Smetana, Bedrich, Trio en sol mineur op. 15
- Smetana, Bedrich, Moldau
- Piazzolla, Astor, Oblivion

Musicians:

- Lee-Chin Siow, violon

Coming to Canada in Lac-Brome specifically for this concert, we are very proud to welcome this internationally renowned musician in a program designed by Serhiy Salov.

en.lmopera.com/thomas-chartre-violoncelliste

Presented as part of La route des concerts laroutedesconcerts.com.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
📞 450 242-2270
info@tlbrome.com
theatrelacbrome.ca

**March 5 ► 10 a.m. to 3 p.m.****Let's play together**

If you're looking for a family activity to enjoy during spring break, we've got just what you're looking for! On March 5, come and spend some quality family time playing board games for all ages (from 2 upwards). We'll be lucky enough to have people from the Wellness community group on hand to teach chess and crib (in English)! There will also be a Lego and mega-block table for construction enthusiasts. Many thanks to the Club

Optimiste de Lac-Brome for their generous donation that made this event possible. Free - from 10 a.m. to 3 p.m. at the Lac-Brome Community Center (Buchanan Room 2), buffet lunch will be provided (registration required).

📍 Centre Lac-Brome - 270, Victoria St. (Buchanan 2)
📞 For more information, contact Claire Citeau: 450-242-2020, ext. 306 or claire.citeau@lacbrome.ca
🆓 Free

**March 6 ► 8 p. m.****Kenny "Blues Boss" Wayne
Blues From Chicago to Paris**

Kenny "Blues Boss" Wayne is a legendary American pianist and singer known for his flamboyant attire, charismatic personality, and perfectly executed groove rhythms! Having grown up in New Orleans, where he fell in love with the "devil's music" of boogie-woogie, jazz, and blues, he has been based in Vancouver since the 1970s. His performances, with their languid and lively rhythms, pay tribute to musical legends like Memphis Slim and Willie Dixon. "Blues Boss"

knows how to make his audience groove with his infectious swing!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
📞 450 242-2270
info@tlbrome.com
theatrelacbrome.ca

**March 8****► 1 p.m. to 5 p.m.****Polar Beach Party**

The entire family is invited to Douglass Beach on Saturday, March 8 from 1 p.m. to 5 p.m. for the Polar Beach Party! A multitude of free winter activities are planned for the occasion!

Check the Facebook event for more details.

📍 Douglass Beach
📞 450 242-2020
info@tlbrome.ca
🆓 Free



March 9 ► 1 p.m.

Reading of "Dans les souliers d'Amédée" with Véronique Lambert

Meet and reading with the author of the children's book *In Amédée's Shoes*, published by Fonfon Editions. Amédée is no ordinary cobbler. Every day, he repairs countless pairs of shoes. But at night, a certain magic happens: all he has to do is put on a pair of shoes, and he's transported to different worlds. Through his journeys, he discovers various realities. This story encourages children to put

themselves in others' shoes. "The rhythmic writing, skillfully using rhyme, offers real reading pleasure, enhanced by the gentle touch of Éléna Comte's illustrations." - *Le Devoir* This free youth event is part of the Off du Festival littéraire de Lac-Brome.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



March 9 ► 2 p.m.

Dance | Glitch Bouge de là

Fantastic and surreal, Glitch plunges us into the mysterious basement of a deserted theater. In this boundless playground, where elements and protagonists are intimately linked, lighting, set design and costumes rub shoulders on

stage, at the mercy of the laser as the fifth character.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



Starting March 10

Lac-Brome Pickleball Club Registration

The 2025 season will begin on April 14 (weather permitting). Registration is open to everyone starting March 10.

📍 Online on Amilia or in person
 Classes Location: At the Pickleball courts, Lions Park - 37, Centre Rd.
 ☎ club.pickleball.lac.brome@gmail.com
lacbrome.ca/loisirs
 💰 \$35 to become a member of Club Pickleball Lac-Brome



March 12 ► 1:30 p.m. to 7 p.m.

Brome-Bolton Fish and Game Club Blood Drive

The need for blood donations does not decrease in the winter months. The Brome-Bolton Fish and Game Club are sponsoring a blood drive in Knowlton on Wednesday, March 12. Appointments are preferred, prior to

coming to donate. A slot can be reserved by going to the website hema-quebec.qc.ca or by calling 1-800-343-7264.

📍 Centre Lac-Brome - 270, Victoria St.
 ☎ 1-800-343-7264
hema-quebec.qc.ca



March 12 ► 7 p.m.

Ciné-club: Niki by Céline Sallette

In English with French subtitles. Paris 1952, Niki moved to France with her husband and daughter, far from a suffocating America and family. But despite the distance, Niki is regularly shaken by reminiscences of her childhood which invade her thoughts. From the hell that she will discover, Niki will find in art a weapon to free herself.

Running time: 99 min.
 Biographical drama, France - Belgium, 2024.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



March 14 ► 5:30 p.m. to 8:30 p.m.

Saint Patrick's Day Dance

Ages: 9-14

Snacks available for purchase on site.

📍 Centre Lac-Brome - 270, Victoria St.
 📞 Action Communautaire Lac-Brome
 lacbromedistrict1217@gmail.com
 🆓 Free



March 14 ► 8 p.m.

MTL Comedy Club Tour in Lac-Brome

Experience a night of laughter brought to you by Montreal Comedy Club at Theatre Lac-Brome. Montreal Comedy Club is known for delivering top-notch comedy, featuring a lineup of talented comedians who bring their unique style and humor to the stage.

A comedy club night is all about enjoying a relaxed atmosphere where surprise comedians share their funniest stories, clever observations, and quick-witted jokes. It's an evening where the

audience becomes part of the show, with each performance tailored to keep everyone laughing out loud. So grab your friends and head to Lac-Brome for an unforgettable night of comedy, hosted by Montreal Comedy Club, where laughter is always the main event.

Two-for-one on Knowlton Co. beer starting at 7 PM at the TLB bar.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 📞 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



March 15 ► 8 p.m.

Voie de contournement by Théâtre Bistouri

Created in Glasgow in 2019 as part of the concept *A Play, A Pie and A Pint*, the dramatic comedy *Voie de contournement* is a theatrical gem by Anita Vettesse, translated into French for the first time for its premiere at La Licorne in May 2023. *Voie de contournement* was first presented during the 5 à 7 at La Licorne in Montreal from May 2 to 19, 2022. The tour

then continued to Trois-Rivières, Saint-Prime, Alma, Saguenay, Drummondville, Québec (Petit Champlain), L'Assomption, and Ville Lachine.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 📞 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



Starting March 17

Community Garden - Registration

Spring is just around the corner, and perhaps you've already started preparing your seedlings! If you'd like to take advantage of a space in the community garden for your planting, make sure to reserve your space starting March 17.

📞 Claire Citeau: 450 242-2020, ext. 306
 claire.citeau@lacbrome.ca
lacbrome.ca/community-garden
 🏷️ \$20



March 21 ► 8 p.m.

Conte | Le Ruisseau François Lavallée

The show will be followed by a discussion with François Lavallée, conteur (storyteller): *A tale of life* (In French). For over twenty years, François Lavallée has been creating sparks on French-speaking stages, rekindling the red-hot embers of innocent childhood. A veritable magician of the spoken word, he has

the power to draw us abruptly into his universe, using his gentle voice that then echoes in our heads like a whisper.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 📞 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca

NEGATIVE SELF TALK

Monday, March 24 at 1 PM

March 24 ► 1 p.m.

Negative Self-Talk

We are all guilty of it. Join Audrey to find out how you can change the narrative and be kinder to yourself.

Centre Lac-Brome - 270, Victoria St.
450-248-0530
register@awcentre.com
awcentre.com



March 28 ► 8 p.m.

Conférence | Stanley Péan Le saxophone dans l'histoire du jazz

The saxophone in jazz history Invented by Adolphe Sax and patented in Paris in March 1846, the saxophone is as much appreciated by jazz musicians as by their colleagues in the world of so-called classical music, even if the qualities required of the instrument are different for each of these styles. In jazz, the saxophone

has enabled musicians to express their individuality, which is why the instrument's husky, buzzing tones contribute to the texture of the music. In classical music, the musician usually prefers an instrument with a clear, finely controlled sound, whose precision is akin to that of the clarinet.

Théâtre Lac-Brome - 9, Mont-Écho Rd.
450 242-2270
info@tlbrome.com - theatrelacbrome.ca

APRIL

INSCRIPTION CAMP DE JOUR DAY CAMP REGISTRATION

April 2 to May 11

Summer Day Camp Été des Salamandres Registration

Registrations priorities :

- April 2 to 20: Brome Lake residents
- April 21 to 27: Brome Lake & West-Bolton residents
- April 28 to May 11: open to all

depending on remaining places
Full details below (page 21).

Centre Lac-Brome - 270, Victoria Rd.
Registrations: Online on Amilia or in person
450 242-2020
campdejour@lacbrome.ca
lacbrome.ca/recreation



April 4 ► 8 p.m.

Jeanne Côté

Jeanne Côté enters her thirties with the wind at her back. Hailing from the large family of Petite-Vallée, she carries a cultural baggage that is as unlikely as it is eclectic. Winner of the Francouvertes 2023 and finalist for the Prix Félix-Leclerc 2024, her unique writing, piano playing, and a stripped-down folk style have allowed her to win hearts in recent years. Following *Suite pour personne* (2023), she seizes the

opportunity for a new album, set to release in February 2025, to take a slight detour from her Gaspesian roots: the album, more dynamic and groovy, is inspired by points of rupture and intersection, along with the unpredictable journey toward lightness.

Théâtre Lac-Brome - 9, Mont-Écho Rd.
450 242-2270
info@tlbrome.com
theatrelacbrome.ca



April 5 ► 8 p.m.

Francis Degrandpré

Francis Degrandpré will transport you into his new country universe, totally in tune with the times. After the many hits from his first album, all of which topped the Quebec radio charts and are still very much in demand, the Berthierville-born author, composer and performer is back with his eagerly-awaited second album. Together with his musician friends and accomplices, the energetic country-rock formula makes itself felt on stage. With his warm, distinctive voice, Francis

Degrandpré easily lifts the crowd into his world of nature, hunting, fishing and evenings with friends. During his show and through his songs, you'll feel the atmosphere of a drunken evening around a big campfire. He's already conquered several stages in 2022-2023, and people are singing his songs with pride!

Théâtre Lac-Brome - 9, Mont-Écho Rd.
450 242-2270
info@tlbrome.com
theatrelacbrome.ca



April 10 ► 8 p.m.

Conte | Fille de Laitier - Arleen Thibault
(Show in French)

Daughter, goddaughter and great-granddaughter of milkmen, Arleen Thibault has drawn on her family's anecdotes and a collection of milk delivery memories from the general public to tell us the truths and myths of a trade about to become legend. Accompanied on stage by musician Robin Servant, she pays tribute to the courage of the little workers of yesteryear, with this second solo tale that she offers to her audience with humor and tenderness.

Born in Quebec City, Arleen Thibault has been active on the French-language storytelling scene for over 20 years, creating an original, rhythmic and humorous world of storytelling. Launching her career at the age of 19, she already has an impressive international track record and is one of Quebec's leading female storytellers.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com
theatreclacbrome.ca



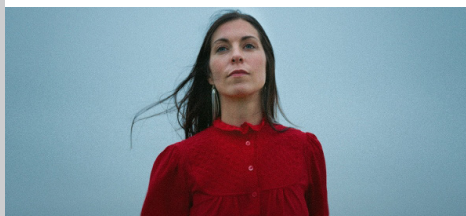
April 11 ►► 5:30 p.m. to 8 p.m.

Easter Dance

Ages: 9-14

Snacks available for purchase on site.

📍 Centre Lac-Brome - 270, Victoria St.
☎ Action Communautaire Lac-Brome
lacbromedistrict1217@gmail.com
🆓 Free



April 12 ► 8 p.m.

Willows

In 2014, Geneviève Toupin released an album under the alter-ego Willows. Her delicate blend of folk, acoustic instruments and vocal harmonies will have seen her perform over a hundred shows and win Best Western Canadian Album at the Gala Trille Or, as well as GAMIQ nominations for Best Folk Album (Willows/Willows), Best Folk EP (The Hills/Willows) and Canadian Folk Music Awards as Songwriter of the Year.

A seasoned musician and singer, she has appeared on stage as a founding member of the electro-pop group Chances, as a musician/vocalist in the show Danse Lhasa Danse, and as a backing vocalist in Jorane's show Hemenetset.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com - theatreclacbrome.ca



April 13 ► 2 p.m. to 4 p.m.

**Brome Lake Optimist Club
Easter Egg Hunt**

📍 Centre Lac-Brome - 270, Victoria St.



April 16 ► 7 p.m.

**Ciné-Club: Conclave
by Edward Berger**

When the Pope dies unexpectedly and mysteriously, Cardinal Lawrence finds himself in charge of organizing the selection of his successor. As the political machinations within the Vatican intensify, he realizes that the deceased had hidden a secret from them that he must uncover

before a new Pope can be chosen. What happens behind these walls will change the face of the world.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com
theatreclacbrome.ca



April 17 ► 3:30 p.m. (in English) and 6 :30 p.m. (in French)

Information Session of l'Accorderie de l'Estrie-Ouest

The information session will give you an idea of how our organization works. L'Accorderie de l'Estrie-Ouest is a network for mutual aid and assistance through the exchange of services such as meal preparation, sewing, transportation, etc. The currency of exchange is time. The currency of exchange is time.

- 📍 Centre Lac-Brome - 270, Victoria St.
- 👤 Clémence Marien
Coordonnatrice/animatrice de la vie associative
Accorderie de l'Estrie-Ouest
coordoestrieouest@accorderie.ca
579 420-2468
- 🆓 Free



April 18 ► 8 p.m.

Undercover Legends of Rock

Undercover Legends of Rock, the ultimate musical revue led by the powerful voice of Dominic Michaud, celebrates its 10th anniversary and will present an even more explosive new version of its show, showcasing the biggest hits for the occasion! An epic performance awaits the crowd! Paying tribute to the timeless successes of rock legends in a "Greatest Hits" format. With over 600 concerts performed across Quebec and the Maritimes, this show delivers the classics of Bon Jovi, Def Leppard, Foreigner, Journey,

AC/DC, Styx, Queen, and many more... The ultimate Rock musical revue! Undercover Legends of Rock bring together all the greatest rock hits from your favourite artists, a true "Greatest Hits" live on stage.

- 📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
- 📞 450 242-2270
info@tlbrome.com
theatrelacbrome.ca



April 19 ► 8 p.m.

Homage to Buena Vista Social Club

A tribute to the legendary Buena Vista Social Club, an authentic show masterfully directed by Cuban trombonist Yordan Martinez. You are invited to an entertaining evening, all in elegance, a delight for those who appreciate standards that have effortlessly transcended the test of time. What could be more magical than the popular Cuban orchestra from Montreal, "Yordan & The Cuban Martinez Show," to provide you with a memorable evening! On

stage, there are 6 talented, energetic, and collaborative musicians inviting you on a journey to their island of Cuba!

- 📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
- 📞 450 242-2270
info@tlbrome.com - theatrelacbrome.ca

LE PHARMACIEN COMMUNAUTAIRE

LES SOINS DE SANTÉ AU-DELÀ DE LA DISTRIBUTION DE MÉDICAMENTS

April 23 ► 1:30 p.m.

AQDR Talk: Healthcare beyond just prescribing medication

Presented by Jacinthe Gagnon Owner-Pharmacist, accompanied by Anne Messier, Nurse, Familiprix Lac-Brome. The presentation will be given in both languages. They will discuss the various services offered in pharmacies, such as vaccination, care and different examinations, wound dressing changes, screening tests, etc. They will also present the role of the

community pharmacist as well as upcoming projects.

- 📍 Centre Lac-Brome - 270, Victoria St.
- 👤 facebook.com/AQDRGranby

MAY

**May 8 ► 5 p.m. to 7 p.m.****Conservation Lac Brome's Annual General Meeting**

All those who want to check on the health of Brome Lake and wish to address its issues are welcome to attend Conservation Lac Brome's Annual General Meeting.

📍 Centre Lac-Brome - 270, Victoria St.
Salle Buchanan
☎ 450 242-2784
info@conservationlb.com
conservationlb.com/assemblee-generale

**May 1 to May 31****Mois du vélo**

The Town of Brome Lake will launch its programming for "Le mois du vélo". The program to follow shortly on Amilia. Stay tuned on the Town of Brome Lake's Facebook page.

📱 facebook.com/vlbtbl
lacbrome.ca/en/events/activities/mois-du-velo

**May 9 ► 8 p.m.****Comedy Club Lac-Brome**

Experience a night of laughter brought to you by Montreal Comedy Club at Theatre Lac-Brome. Montreal Comedy Club is known for delivering top-notch comedy, featuring a lineup of talented comedians who bring their unique style and humor to the stage.

A comedy club night is all about enjoying a relaxed atmosphere where surprise comedians share their funniest stories, clever observations, and quick-witted jokes. It's an evening where the audience

becomes part of the show, with each performance tailored to keep everyone laughing out loud.

So grab your friends and head to Lac-Brome for an unforgettable night of comedy, hosted by Montreal Comedy Club, where laughter is always the main event.

Two-for-one on Knowlton Co. beer starting at 7 PM at the TLB bar.

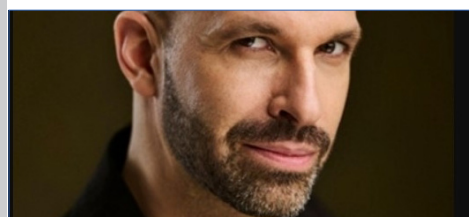
📍 Théâtre Lac-Brome - 9, chemin du Mont-Écho
☎ 450 242-2270
info@tlbrome.com - theatrelacbrome.ca

**May 10 ► 10 a.m. to 3 p.m.****Let's play together**

Jouons ensemble returns to the Prouty Hall on May 10, with board games for young and old (aged 2 and over). Fun for all. Legos and mega-blocs will be available for those who like to build. Free - from 10 a.m. to 3 p.m., buffet lunch will be provided (registration required).

Many thanks to the Club Optimiste de Lac-Brome for their generous donation that made this event possible.

📍 Prouty Hall - 5 Mill Rd., Bondville
📞 For more informations,
contact Claire Citeau: 450-242-2020,
ext. 306 or claire.citeau@lacbrome.ca
🆓 Free

**May 10 ► 8 p.m.****Olivier Martineau en rodage**

With his rattling shape, he hits like a hammer!

In preparation for a new show, the tall, thin man with the corrosive humor comes to present a collage of his new jokes and songs.

This is your chance to hear some jokes for the first time, and others for the last!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com
theatrelacbrome.ca



May 11 ► 3 p.m.

Once in May by Jingjing Xu, mezzo-soprano & Christopher Knopp, piano

This voice and piano recital showcases works from the 19th-century German and French repertoire, featuring composers such as Mahler, Schubert, Schumann, and Fauré, culminating with select compositions from the 20th century.

Jingjing Xu, mezzo-soprano :

Praised as "One to Watch," Jingjing Xu is a mezzo-soprano from China with a diverse and multi-faceted repertoire.

After graduating from McGill University with her master's degree in 2023, she won the 2024 edition of the prestigious

Mirjam Helin Competition as its youngest participant. She also won McGill's premier singing competition, the Wirth Vocal Prize, in 2022, the largest voice prize offered by a Canadian university.

Presented as part of La route des concerts laroutedesconcerts.com.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com
theatrelacbrome.ca



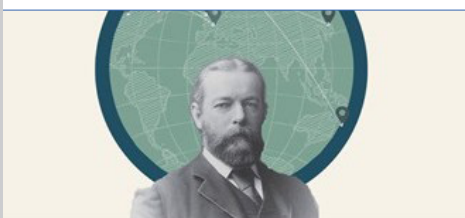
May 16 ► 5:30 p.m. to 8:30 p.m.

Dance

Ages: 9-14

Snacks available for purchase on site.

📍 Centre Lac-Brome - 270, Victoria St.
☎ 450 242-2270
lacbromedistrict1217@gmail.com
🆓 Free



May 17 ► 10 a.m. to 4 p.m.

2025 season opening of the Museum and New Temporary Exhibition: *Going Global: Sydney Fisher and the Journey to the World Expositions*

A display honouring the life and work of Sydney Fisher, and his role in Brome County's contributions to several World's

Fairs at the turn of the twentieth century.

📍 Lac-Brome Museum - 130, Lakeside Rd.
☎ 450 243-6782 #1
info@shcb.ca
museelacbrome.ca



May 17 ► 8 p.m.

**Homage to Bob Marley
The One Love Project**

The One Love Project is a group of talented, versatile Montreal musicians who interpret the great hits of Bob Marley and the Wailers with passion, love and precision.

Accompanied by exceptional musicians such as David Segreti on guitar and vocals, and Dano Peace on vocals, The One Love Project is one of the most energetic bands

you'll ever see on stage. Rumor has it that every appearance is an unforgettable event! A unique reggae experience to behold!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
☎ 450 242-2270
info@tlbrome.com
theatrelacbrome.ca



May 18 ► 11 a.m. to 9 p.m.

Brome Lake Ducks Rugby Club 40th season launch & beer release

Come meet your local rugby club & enjoy a fresh can of their very own celebratory beer! Whether you've been thinking of joining the team or just love the sport, 40 seasons is worth celebrating.

📍 La Knowlton Co. - 576, Knowlton Rd.
☎ lknowltonco.com



May 21 to 25

Festival littéraire Lac-Brome

More info coming soon!

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatrelacbrome.ca



May 22 ► 10:30 a.m. (in French) and 1 p.m. (in English)

Information Session of l'Accorderie de l'Estrie-Ouest

The information session will give you an idea of how our organization works. L'Accorderie de l'Estrie-Ouest is a network for mutual aid and assistance through the exchange of services such as meal preparation, sewing, transportation,

etc. The currency of exchange is time.

📍 Centre Lac-Brome - 270, Victoria Rd.
 ⓘ Clémence Marien
 Coordonnatrice/animatrice de la vie associative
 Accorderie de l'Estrie-Ouest
coordoestrieouest@accorderie.ca
 579 420-2468
 🆓 Free



May 24 ► 11 a.m. to 4:45 p.m.

Spring Get-together: Biodiversity at home

The Spring Get-together will be held from 11 a.m. to 4:45 p.m. at the Lac-Brome Community Center on May 24. Activities include a lecture by Camille Dufresne on Recreating Biodiversity, One Garden at a Time (in French), a nature walk to discover edible and medicinal plants, a seed bomb workshop and much more. For more details,

follow our social networks.

📍 Centre Lac-Brome - 270, rue Victoria
 ⓘ For more information, contact
 Claire Citeau : 450-242-2020, ext. 306
 or claire.citeau@lacbrome.ca



May 24 ► 8 a.m. to 2 p.m.

The 21st annual Knowlton Lions Club Garage Sale

There will be no pickups. Drop donations at the Fair during the following dates and times:

- Friday, May 16th from 4 p.m. to 8 p.m.
- On Saturday May 17th, Sunday May 18th, Thursday May 22nd and Friday May 23th donations will be welcomed from 10 a.m. to 4 p.m.

We do not accept TVs, ski equipment, skates, mattresses, clothing, books, suitcases and large electric appliances.

Please bring your own bag!

📍 Arena, Brome Fairgrounds, 345, Stagecoach, Brome Village
 ⓘ 450 242-1388
margo.pfeiff@gmail.com

Marché d'antiquités et d'artisanat
 Antiques & Crafts Market
 2025



May 25 ► 9 a.m. to 4 p.m.

Antiques & Crafts Markets presented by the Brome County Historical Society

A wide variety of antiques, including antique furniture, art, knick knacks, dishes, books, clothing, crafts, jewelry and many other treasures.

📍 Lac-Brome Museum - 130, Lakeside Rd.
 ⓘ lbelanger@shcb.ca
aroyea@shcb.ca
museelacbrome.ca
 🆓 Free



May 30 ► 8 p.m.

Boogát Del Horizonte

Boogát returns with a new album and show ready for touring in 2024 and beyond. Entitled Del Horizonte (from the expression "beyond the horizon"), the new live experience takes the festive side of his already engaging performances even further. The new stage setup includes video projections that amplify the interactivity of the show with a staging that fortifies a universal message of love, communion and acceptance. Boogát addresses the themes of a changing Quebec, its inevitable immigration, the importance of keeping the spirit of rebellion alive as well

as rallying with the decolonial movement already underway. Performed entirely in Spanish, with musicians combining traditional and digital instruments, the show is available in as either a quintet or trio. Del Horizonte will make you dance as much as it will make you think – fiesta guaranteed.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatre.lacbrome.ca



May 31 ► 10 a.m. to 3 p.m.

Fête de la famille

Join us for a fun-filled day at Lions Park (in case of rain, activities will be held at the Community Centre)! Entertainment, games, information booths and other.

📍 Centre Lac-Brome - 270, Victoria St.
 ☎ For more information, contact
 Claire Citeau: 450-242-2020, ext. 306
 or claire.citeau@lacbrome.ca



May 31 ► 8 p.m.

Daniel Lavoie Tension Attention

The show "Tension attention" coincides with the 40th anniversary... give or take, of the release of the album "Tension Attention", and shares its name. In 1983, this album introduced the Francophone world to one of the most talented singer-songwriters of his generation, notably thanks to the song "Ils s'aiment". In the show "Tension Attention", Daniel Lavoie, accompanied by his pianist Jean-François Groulx, takes pleasure in performing his favorite songs from his repertoire, songs that, despite the passing of time, still resonate with the man he has become.

📍 Théâtre Lac-Brome - 9, Mont-Écho Rd.
 ☎ 450 242-2270
 info@tlbrome.com
theatre.lacbrome.ca



Reminder

Summer 2025 Issue

Don't forget to submit your events planned for Summer 2025 in time and allow your info to appear in our next « Calendar of events ».

☎ For information: 450 242-2280
info@lacbrome.ca

SOCCKER RÉCRÉATIF INTER-VILLE (U8+) ET LIGUE TIMBITS (MICROSOCCKER)

RECREATIONAL INTERMUNICIPAL SOCCER (U8+)
& TIMBITS LEAGUE (MICROSOCCKER)



Saison 2025 - 18 mai au 10 août | May 18 to August 10

Inscriptions Du 24 février au 28 mars - En ligne
lacbrome.ca/loisirs



Photos obligatoires pour :

- Tous les **nouveaux** joueurs U8
- Tous les **nouveaux** entraîneurs
- Tous les joueurs U8 + nés en mai, juin, juillet et août

Lors de l'inscription sur **Spordle**, téléversez une photo du joueur inscrit à partir des épaules jusqu'à la tête sur un fond blanc.

Registration From February 24 to March 28 - Online
lacbrome.ca/recreation



Photos required for:

- All new U8 players
- All new coaches
- All U8 + players born in May, June, July and August

When registering on **Spordle**, you need to upload a shoulder-to-head picture of the registered player on a white background.

Tarifs/Fees 2025

	Résidents de VLB et de Bolton-Ouest <i>Residents of TBL and West Bolton</i>	Autres <i>Others</i>
Timbits (nés/born 2019 - 2021)	65 \$	115 \$
U8 (nés/born 2017- 2018)	95 \$	145 \$
U10 (nés/born 2015 - 2016)	105 \$	155 \$
U12 - U14 (nés/born 2011 - 2014)	115 \$	165 \$
U17 (nés/born 2008 - 2010)	120 \$	170 \$
U21 (nés/born 2004 - 2007)	130 \$	180 \$
Sénior mixte/mixed (18 ans et +/18 y.o and over)	175 \$	225 \$

Horaire/Schedule

*Sujet à changement/Subject to change

	U8	U10	U12	U14F-M	U17	U21
Matches Games	Mardi Tuesday	Lundi Monday	Mercredi Wednesday	Jeudi Thursday	Mercredi Wednesday	Dimanche Sunday
Entraînements Practices	Jeudi Thursday	Mercredi Wednesday	Lundi Monday	Mardi Tuesday	Lundi Monday	

INFORMATIONS

450-242-2020 | INFOLOISIRS@LACBROME.CA

VILLE DE LAC-BROME | TOWN OF BROME LAKE

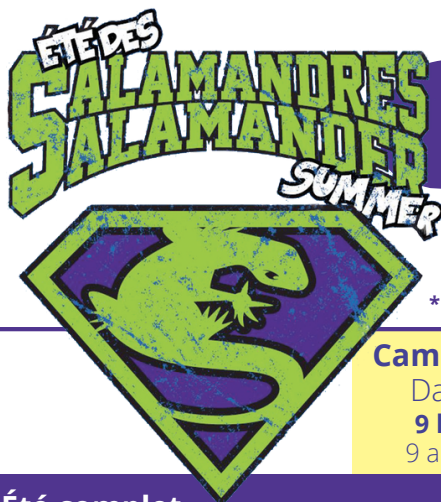


Pour les enfants de 5 à 13 ans | For children aged 5 to 13

CAMP DE JOUR BILINGUE BILINGUAL DAY CAMP

Durée de 8 semaines : du 24 juin au 15 août 2025

Duration of 8 weeks: from June 24 to August 15, 2025



CAMP THÉMATIQUE

pour les 9 - 13 ans

THEMATIC CAMP

for the 9 to 13 years old

sports • arts & culture • science

TARIFS RÉSIDENTS

Lac-Brome / Bolton-Ouest

RESIDENTS FEES

Brome Lake / West Bolton

* Les tarifs non-résidents sont disponibles en ligne | Non-residents fees are available online

	Camp de jour Day camp 9 h - 16 h 9 am - 4 pm	Service de garde Day care 7 h - 9 h et 16 h - 17 h 30 7 am - 9 am & 4 pm - 5:30 pm	Sorties du vendredi Friday outings
Été complet All summer	365 \$	155 \$	220 \$
À la semaine (5 jours) Weekly (5 days)	74 \$	AM : 15 \$ PM : 15 \$	36 \$
À la semaine (4 jours) Weekly (4 days)	68 \$	AM : 12 \$ PM : 12 \$	36 \$

Les sorties du vendredis seront annoncées plus tard et ne sont pas incluses dans l'inscription de base.
Outings will be announced later and are not included in the registration.

Rabais applicable à
l'inscription de plus
d'un enfant.
Discount applicable
for registration of
more than one child.

INSCRIPTIONS

PRIORITÉS D'INSCRIPTIONS

2 au 20 avril : résidents de Lac-Brome
21 au 27 avril : résidents de Lac-Brome
et Bolton-Ouest
28 avril au 11 mai : ouvert à tous selon
les places restantes

EN LIGNE

lacbrome.ca/loisirs

PAIEMENT

Carte de crédit, comptant ou chèque

REGISTRATIONS

REGISTRATION PRIORITIES

April 2 to 20 : Brome Lake residents
April 21 to 27 : Brome Lake & West-
Bolton residents
April 28 to May 11 : open to all
depending on remaining places

ONLINE

lacbrome.ca/recreation

PAYMENT

Credit, cash or cheque



Preuve de résidence
obligatoire

Proof of residence
required

450 242-2020 | campdejour@lacbrome.ca

Centre Lac-Brome | 270, rue Victoria St. | Ville de Lac-Brome (QC) J0E 1V0



FORMATION DESTINÉE AUX PROCHES AIDANTS

Titre: Une approche centrée sur la personne - Durée: 9 heures

Cette formation s'adresse aux personnes proches aidantes d'une personne vivant avec une maladie cognitive. L'objectif est de s'informer, tout en se sensibilisant à l'approche centrée sur la personne et aux comportements déroutants.

NOUVEAU SERVICE À LAC BROME! DISPONIBLE EN FRANÇAIS ET EN ANGLAIS

Places limitées et réservées pour les membres de la Société Alzheimer BMHY
(adhésion à la carte de membre: 25\$)

CONTACTEZ-NOUS POUR VOUS INSCRIRE À NOTRE PROCHAINE SESSION !
450-777-3363 / INFO@ALZHEIMERGRANBY.CA

Alzheimer Society

BROME-MISSISQUOI AND HAUTE-YASMASKA





ACTIVITÉS CBH - PRINTEMPS 2025



Pour plus d'info: www.clubdelabonnehumeur.ca
info@clubdelabonnehumeur.ca

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
ESSENTRICS avec Sophie Deshaies 8 h 30 à 9 h 30 28 avril - 7 sem. 70 \$ pour info : Martine Martel 450-242-2827	ATELIERS de CUISINE 8 h 45 / 1e mardi du mois Invitation via l'infolettre	ESSENTRICS avec Sophie Deshaies 8 h 30 à 9 h 30 30 avril - 7 sem. 70 \$	YOGA sur CHAISE avec Cindy Cleary 9 h à 10 h 17 avril - 6 sem. 48 \$ pour info: 450-243-5620	PICKLEBALL LIBRE 9 h - 2 mai Parc Prouty Gratuit	COURS DE BRIDGE niveau Intermédiaire 9 h à 11 h 30 Les cours débutent tous à la mi - février . Information à venir via l'infolettre Roger Rouleau 450-955-1410 7\$ le cours 10 \$ non-membre
PICKLEBALL LIBRE 9 h - 28 avril Parc Prouty Gratuit Contact : Doreen Drolet 819-918-4768	DICTÉE du CBH 10 h / 3e mardi du mois Invitation via l'infolettre	PICKLEBALL LIBRE 9 h - 30 avril Parc Prouty Gratuit	LES AMIS DES SENTIERS 10H - En continu Gratuit Richard Dubois 450-242-1003 Invitation via l'infolettre	La CHORALE du CBH avec Cécile Allemand, Cheffe de chœur reprendra au mois de mars Information via l'infolettre pour info : Doreen Drolet 819-918-4768	
BRIDGE DUPLICATE 13 h à 16 h 30 24 \$ / année Resp : Jean Plaisance 450-243-0010	LES CAUSERIES du CBH Le 4e mardi du mois Termine en avril Invitation via l'infolettre	ENGLISH SCRABBLE DUPLICATE 10 h - Free	CINÉ-CBH 4e jeudi du mois 14 h 30 & 19 h Invitation via l'infolettre Termine en avril	LES VENDREDIS SOCIAUX (jeux de sociétés) 13 h 30 - En continu Gratuit Responsables Yvan Deslandes et Marie Trillat	
	PICKLEBALL Espace Tournois ou Jeux Avancés 15 h à 21 h	BRIDGE DUPLICATE 13 h 00 à 16 h 30 en continu	LIGUE DE PICKLEBALL 18 h, dès que la température le permet Invitation via l'infolettre Resp.: Dominique Martin		Code des couleurs <div> <div></div> MATIN <div></div> APRÈS-MIDI <div></div> SOIR </div>

Société Alzheimer

BROME-MISSISQUOI ET HAUTE-YAMASKA



Coffee breaks for caregivers
 Every 2 weeks from 1pm to 3 pm

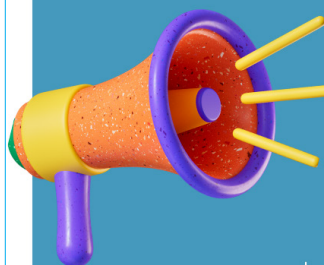
Call for information or to register



Marta Gubert Gomes 450-204-9423
 Caroline Hadlock 450-777-3363
aines-seniors@aclb.ca carolinehadlock@alzheimergranby.ca



Town of Brome Lake



WE'RE HIRING

Summer 2025

STUDENT JOBS

Available positions

- ✓ Soccer Referee
- ✓ Counsellor, Head Counsellor and Inclusion Counsellor – Day Camp
- ✓ Swimming Instructor
- ✓ Lifeguard

APPLY NOW



1acbrome.ca

CLASSES - SPRING 2025

Children

Classes	Schedule	Location - Dates	Cost	Information
Baby motor skills 12 months and less	Tuesday 10 a.m. to 11 a.m.	Centre Lac-Brome April 8 to May 27	Session: \$120,75 (8 weeks) Drop-in : \$14,63	Kim Valenta - Baby-centered, bonding and positive attachment classes to support your child's global motor, sensory, cognitive, social and emotional development. Participate in body techniques (movements, postures, massages) designed to stimulate baby's senses, motor skills, adaptability and interaction.
Mini-athletes ages 2 to 4	Saturday 9 a.m. to 9:50 a.m.	St-Édouard School April 12 to May 31	Session: \$96 (8 weeks)	Parent-child Parents and children will discover tennis, kin-ball, dance and more together. The session focuses on the fun of developing new skills as a family.
Sport explorers ages 4 to 6	Saturday 10 a.m. to 10:50 a.m.	St-Édouard School April 12 to May 31	Session: \$96 (8 weeks)	Children will be taken on a sports journey throughout the session, discovering 10 different sports, including soccer, tchoukball, basketball and more. With Explorers, there's no competition, no games, just the fun of discovering new sports and skills.
Sport adventurers ages 7 to 12	Saturday 11 a.m. to 11: 50 a.m	St-Édouard School April 12 to May 31	Session: \$96 (8 weeks)	Young athletes are invited to take part in 10 sports, including tennis, kin-ball, cricket, soccer, tchoukball, basketball and more. With no competition, everyone can learn or develop their sporting skills for the simple pleasure of moving.
Theater 5-6 y.o	Thursday 4:45 p.m. to 5:45 p.m.	Centre Lac-Brome April 10 to May 29	Session: \$75 (8 weeks)	Brenda Carr - Offered in English only, but all are welcome. Come and make friends as you discover and develop your acting skills. Through fast-paced games, improvisation, fun exercises, movement and voice, create your own characters and stories and, if you like, present them in a final performance the following week. For all levels. The teacher has over 20 years' experience in theater and film.
Manga creation ages 9 to 13	Saturday 10 to 11 a.m.	Centre Lac-Brome April 12 to May 31	Session: \$168,75 (10 weeks) Drop-in: 21 \$	Sylvain Blouin - Introduction to manga creation in several chapters.

More on the next page

Adults

Classes	Schedule	Location - Dates	Cost	Information
Balance for seniors	Tuesday and Thursday 2:15 p.m. to 3:15 p.m.	Centre Lac-Brome April 8 to June 12	Session: \$125 (10 weeks)	Andrea Wilson - Exercises designed to prevent falls and increase your confidence. Offered in partnership with the Wellness Volunteer Centre for Seniors. For beginners - Ages 65+
Fitness for seniors	Tuesday and Thursday 1 p.m. to 2 p.m.	Centre Lac-Brome April 8 to June 12	Session: \$125 (10 weeks)	Andrea Wilson - Strength, balance and aerobic exercises to stay fit for everyday life. Offered in partnership with the Wellness Volunteer Centre for Seniors.
Fit for life	Tuesday 3:30 p.m. to 4:30 p.m.	Centre Lac-Brome April 8 to June 10	Session: \$140 (10 weeks) Drop-in: \$20	Andrea Wilson - Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout. Moderate intensity.
Fit for life	Thursday 3:30 p.m. to 4:30 p.m.	Centre Lac-Brome April 10 to June 12	Session: \$140 (10 weeks) Drop-in: \$20	Andrea Wilson - Fun, motivating, no-fuss fitness class for active adults. Suggested for ages 55+ and anyone looking for a low impact workout. Moderate intensity.
Tai-Chi Chuan	Monday 1:30 to 3 p.m.	Centre Lac-Brome April 7 to June 16 <small>No class on : April 21 - May 19</small>	Session: \$152 (8 weeks)	Guy Côté - Gentle, precise movements helping to develop strength, flexibility and increase overall well-being.
Badminton	Tuesday 6 to 8 p.m.	St-Édouard School April 8 to May 27	Session: \$20 (8 weeks)	Open practice without teacher. For all levels.
Baby Yoga 12 months and less	Thursday 10 to 11 a.m.	Centre Lac-Brome April 10 to May 29	Session: \$124,50 (8 weeks) Drop-in: \$15	Parent-child Kim Valenta - Bilingual yoga classes for quality time, relaxation and well-being with baby. Adapted exercises, breathing techniques and dynamic routines, while working with baby in certain postures to reclaim his body.
Theatrical Improv. Ages 14 +	Thursday 5:45 to 7:15 p.m.	Centre Lac-Brome April 10 to May 29	Session: \$75 (8 weeks)	Brenda Carr - Offered in English only, but all are welcome. Make new friends while discovering, exploring, and developing your acting and theater skills. Through quick games, improvisation, fun exercises, movement, and voice work, create your own characters and stories. If you wish, you can present them in a final performance the following week. Open to all levels. The instructor has over 20 years of experience in theater and film.

More on the next page

Classes location

Centre Lac-Brome : 270, Victoria St.
St-Édouard School : 376, Lakeside Rd.

Family Discount

Save 5% on the total bill if two or more children register at the same time, for recreational classes.

Information

Places are limited depending on the group. Registration is on a first come, first served basis.

From March 17 to April 6

REGISTRATION

Online

Registration at lacbrome.ca/loisirs

Full payment by credit card upon registration.

In person

At Centre Lac-Brome (270, Victoria St.)

Monday - Thursday from 10 a.m. to noon and from 1 p.m. to 4:30 p.m.

Friday from 8 a.m. to noon

Full payment by credit card, cash or cheque upon registration.

450 242-2020 - info@loisirs.lacbrome.ca

